

JANUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 New Year's Day	2 Exercise Class 8:30-9am Hand & Foot 2 - 4pm Happy hour 4pm	3 Men & Women's talk 10:30am-12pm
4 Hand & Foot Card Games 2 – 4pm	5 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	6 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	7 Chess 10am Hand & foot 2 – 4pm	8 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Chess 10am	9 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	10 Men & Women's talk 10:30am-12pm
11 Hand & Foot Card Games 2 – 4pm	12 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	13 Water aerobics 8-9am W talk 10am-12pm Indoor bowls 2pm Arts & Crafts 1:30-4pm 500 Cards 7-9pm	14 Chess 10am Hand & foot 2 – 4pm	15 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Chess 10am	16 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	17 Men & Women's talk 10:30am-12pm
18 Hand & Foot Card Games 2 – 4pm	19 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Board games 7-9pm	20 Water aerobics 8-9am M talk 10am-12pm Bus trip 10am Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	21 Chess 10am Birthday Celebrations 10am Hand & foot 2 – 4pm	22 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Chess 10am	23 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	24 Men & Women's talk 10:30am-12pm
25 Hand & Foot Card Games 2 – 4pm	26 Australia Day Public Holiday Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	27 Water aerobics 8-9am W talk 10am-12pm Indoor bowls 2pm Arts & Crafts 1:30-4pm 500 Cards 7-9pm	28 Chess 10am Hand & foot 2 – 4pm Tech session 3pm	29 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Chess 10am	30 Exercise Class 8:30-9am Hand & 2 – 4pm Happy hour 4pm	31 Men & Women's talk 10:30am-12pm

FEBRUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Hand & Foot Card Games 2 – 4pm	2 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Bingo Night 7-9pm	3 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	4 Chess 10am Hand & foot 2 – 4pm Book Club 3pm	5 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	6 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	7 Men & Women's talk 10:30am-12pm
8 Hand & Foot Card Games 2 – 4pm	9 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	10 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	11 Chess 10am Hand & foot 2 – 4pm	12 Water aerobics 8-9am Chess 10am Trivia Quiz 09:30 M talk 10am-12pm Arts & Crafts 1:30-4pm	13 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	14 Men & Women's talk 10:30am-12pm
15 Hand & Foot Card Games 2 – 4pm	16 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Board games 7-9pm	17 Water aerobics 8-9am M talk 10am-12pm Bus trip 10am Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	18 Chess 10am Birthday Celebrations 10am Hand & foot 2 – 4pm	19 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	20 Exercise Class 8:30-9am Hand & Foot 12 – 4pm Happy hour 4pm	21 Men & Women's talk 10:30am-12pm
22 Hand & Foot Card Games 2 – 4pm	23 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	24 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	25 Chess 10am Hand & foot 2 – 4pm Tech session 3pm	26 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	27 Exercise Class 8:30-9am Hand & 2 – 4pm Happy hour 4pm	28 Men & Women's talk 10:30am-12pm

MARCH 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Hand & Foot Card Games 2 – 4pm	2 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Bingo Night 7-9pm	3 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	4 Chess 10am Hand & foot 2 – 4pm Book Club 3pm	5 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	6 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	7 Men & Women's talk 10:30am-12pm
8 Hand & Foot Card Games 2 – 4pm	9 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	10 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	11 Chess 10am Hand & foot 2 – 4pm	12 Water aerobics 8-9am Chess 10am Trivia Quiz 09:30 M talk 10am-12pm Arts & Crafts 1:30-4pm	13 Exercise Class 8:30-9am Hand & 2 – 4pm Happy hour 4pm	14 Men & Women's talk 10:30am-12pm
15 Hand & Foot Card Games 2 – 4pm	16 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Board games 7-9pm	17 Water aerobics 8-9am M talk 10am-12pm Bus trip 10am Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	18 Chess 10am Birthday Celebrations 10am Hand & foot 2 – 4pm	19 Water aerobics 8-9am Chess 10am W Talk 10am-12pm Arts & Crafts 1:30-4pm	20 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	21 Men & Women's talk 10:30am-12pm
22 Hand & Foot Card Games 2 – 4pm	23 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	24 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	25 Chess 10am Hand & foot 2 – 4pm Tech session 3pm	26 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	27 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	28 Men & Women's talk 10:30am-12pm
29 Hand & Foot Card Games 2 – 4pm	30 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	31 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm				

APRIL 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Chess 10am Hand & foot 1:30-3:30pm Book Club 3pm	2 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	3 Good Friday Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	4 Easter Saturday
5 Easter Sunday	6 Easter Monday Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Bingo Night 7-9pm	7 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	8 Chess 10am Hand & foot 2 – 4pm	9 Water aerobics 8-9am Chess 10am Trivia Quiz 9:30am M talk 10am-12pm Arts & Crafts 1:30-4pm	10 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	11 Men & Women's talk 10:30am-12pm
12 Hand & Foot Card Games 2 – 4pm	13 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	14 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	15 Chess 10am Birthday Celebrations 10am Hand & foot 2 – 4pm	16 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	17 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	18 Men & Women's talk 10:30am-12pm
19 Hand & Foot Card Games 2 – 4pm	20 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Board games 7-9pm	21 Water aerobics 8-9am W talk 10am-12pm Bus trip 10am Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	22 Chess 10am Hand & foot 2 – 4pm	23 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	24 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	25 Anzac Day Men & Women's talk 10:30am-12pm
26 Hand & Foot Card Games 2 – 4pm	27 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	28 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	29 Chess 10am Hand & foot 2 – 4pm Tech session 3pm	30 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm		

MAY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Hand & Foot Card Games 2 – 4pm					1 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	2 Men & Women's talk 10:30am-12pm
3 Hand & Foot Card Games 2 – 4pm	4 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Bingo Night 7-9pm	5 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	6 Chess 10am Hand & foot 2 – 4pm Book Club 3pm	7 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	8 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	9 Men & Women's talk 10:30am-12pm
10 Hand & Foot Card Games 2 – 4pm	11 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	12 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	13 Chess 10am Hand & foot 1:30-3:30pm	14 Water aerobics 8-9am Trivia Quiz 9:30am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	15 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	16 Men & Women's talk 10:30am-12pm
17 Hand & Foot Card Games 2 – 4pm	18 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Board games 7-9pm	19 Water aerobics 8-9am W talk 10am-12pm Bus trip 10am Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	20 Chess 10am Birthday Celebrations 10am Hand & foot 1:30-3:30pm	21 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	22 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	23 Men & Women's talk 10:30am-12pm
24 Hand & Foot Card Games 2 – 4pm	25 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	26 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	27 Chess 10am Hand & foot 1:30-3:30pm Tech session 3pm	28 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	29 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	30 Men & Women's talk 10:30am-12pm

JUNE 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Bingo Night 7-9pm	2 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	3 Chess 10am Hand & foot 2 – 4pm Book Club 3pm	4 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	5 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	6 Men & Women's talk 10:30am-12pm
7 Hand & Foot Card Games 2 – 4pm	8 Kings Birthday Public Holiday Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	9 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	10 Chess 10am Hand & foot 2 – 4pm	11 Water aerobics 8-9am Trivia Quiz 9:30am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	12 Exercise Class 8:30-9am Hand & 2 – 4pm Happy hour 4pm	13 Men & Women's talk 10:30am-12pm
14 Hand & Foot Card Games 2 – 4pm	15 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Board games 7-9pm	16 Water aerobics 8-9am W talk 10am-12pm Bus Trip 10am Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	17 Chess 10am Birthday Celebrations 10am Hand & foot 2 – 4pm	18 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	19 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	20 Men & Women's talk 10:30am-12pm
21 Hand & Foot Card Games 2 – 4pm	22 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	23 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	24 Chess 10am Hand & foot 2 – 4pm Tech session 3pm	25 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	26 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	27 Men & Women's talk 10:30am-12pm
28 Hand & Foot Card Games 2 – 4pm	29 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	30 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm				

JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Chess 10am Hand & foot 2 – 4pm Book Club 3pm	2 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	3 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	4 Men & Women's talk 10:30am-12pm
5 Hand & Foot Card Games 2 – 4pm	6 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Bingo Night 7-9pm	7 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	8 Chess 10am Hand & foot 2 – 4pm	9 Water aerobics 8-9am Chess 10am Trivia Quiz 9:30am W talk 10am-12pm Arts & Crafts 1:30-4pm	10 Exercise Class 8:30-9am Hand & 2 – 4pm Happy hour 4pm	11 Men & Women's talk 10:30am-12pm
12 Hand & Foot Card Games 2 – 4pm	13 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	14 Water aerobics 8-9am W talk 10am-12pm Bus Trip 10am Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	15 Chess 10am Birthday Celebrations 10am Hand & foot 2 – 4pm	16 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	17 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	18 Men & Women's talk 10:30am-12pm
19 Hand & Foot Card Games 2 – 4pm	20 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Board games 7-9pm	21 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	22 Chess 10am Hand & 2 – 4pm	23 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	24 Exercise Class 8:30-9am Hand & 2 – 4pm Happy hour 4pm	25 Men & Women's talk 10:30am-12pm
26 Hand & Foot Card Games 2 – 4pm	27 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	28 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	29 Chess 10am Hand & foot 2 – 4pm Tech session 3pm	30 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	31 Exercise Class 8:30-9am Hand & Foot 2 – 4pm Happy hour 4pm	

AUGUST 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Hand & Foot Card Games 2pm – 4pm	31 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm					1 Men & Women's talk 10:30am-12pm
2 Hand & Foot Card Games 2pm – 4pm	3 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Bingo Night 7-9pm	4 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	5 Chess 10am Hand & foot 2pm – 4pm Book club 3pm	6 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	7 Exercise Class 8:30-9am Hand & Foot 2pm-4pm Happy hour 4pm	8 Men & Women's talk 10:30am-12pm
9 Hand & Foot Card Games 2pm – 4pm	10 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	11 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	12 Chess 10am Hand & foot 2pm – 4pm	13 Water aerobics 8-9am Chess 10am Trivia Quiz 9:30am M talk 10am-12pm Arts & Crafts 1:30-4pm	14 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	15 Men & Women's talk 10:30am-12pm
16 Hand & Foot Card Games 2pm – 4pm	17 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Board Games 7-9pm	18 Water aerobics 8-9am M talk 10am-12pm Bus Trip 10am Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	19 Chess 10am Birthday Celebrations 10am Hand & foot 2pm – 4pm	20 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	21 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	22 Men & Women's talk 10:30am-12pm
23 Hand & Foot Card Games 2pm – 4pm	24 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	25 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	26 Chess 10am Hand & foot 2pm – 4pm Tech session 3pm	27 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	28 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	29 Men & Women's talk 10:30am-12pm

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	2 Chess 10am Hand & foot 2pm – 4pm Book Club 3pm	3 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	4 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	5 Men & Women's talk 10:30am-12pm
6 Hand & Foot Card Games 2pm – 4pm	7 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Bingo Night 7-9pm	8 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	9 Chess 10am Hand & foot 2pm – 4pm	10 Water aerobics 8-9am Chess 10am Trivia Quiz 9:30-am M talk 10am-12pm Arts & Crafts 1:30-4pm	11 Exercise Class 8:30-9am Hand & 2pm – 4pm Happy hour 4pm	12 Men & Women's talk 10:30am-12pm
13 Hand & Foot Card Games 2pm – 4pm	14 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	15 Water aerobics 8-9am M talk 10am-12pm Bus Trip 10am Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	16 Chess 10am Birthday Celebrations 10am Hand & foot 2pm – 4pm	17 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	18 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	19 Men & Women's talk 10:30am-12pm
20 Hand & Foot Card Games 2pm – 4pm	21 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Board Games 7-9pm	22 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	23 Chess 10am Hand & foot 2pm – 4pm	24 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	25 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	26 Men & Women's talk 10:30am-12pm
27 Hand & Foot Card Games 2pm – 4pm	28 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	29 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	30 Chess 10am Hand & foot 2pm – 4pm Tech session 3pm			

OCTOBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	2 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	3 Men & Women's talk 10:30am-12pm
4 Hand & Foot Card Games 2pm – 4pm	5 Labour Day Public Holiday Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Bingo Night 7-9pm	6 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	7 Chess 10am Hand & foot 2pm – 4pm Book Club 3pm	8 Water aerobics 8-9am Chess 10am Trivia Quiz 9:30am M talk 10am-12pm Arts & Crafts 1:30-4pm	9 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	10 Men & Women's talk 10:30am-12pm
11 Hand & Foot Card Games 2pm – 4pm	12 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	13 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	14 Chess 10am Hand & foot 2pm – 4pm	15 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	16 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	17 Men & Women's talk 10:30am-12pm
18 Hand & Foot Card Games 2pm – 4pm	19 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Board Games 7-9pm	20 Water aerobics 8-9am Bus Trip 10am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	21 Chess 10am Birthday Celebrations 10am Hand & foot 2pm – 4pm	22 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	23 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	24 Men & Women's talk 10:30am-12pm
25 Hand & Foot Card Games 2pm – 4pm	26 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	27 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	28 Chess 10am Hand & foot 2pm – 4pm Tech session 3pm	29 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	30 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	31 Men & Women's talk 10:30am-12pm

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Hand & Foot 2pm – 4pm	2 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Bingo Night 7-9pm	3 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	4 Chess 10am Hand & foot 2pm – 4pm Book Club 3pm	5 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	6 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	7 Men & Women's talk 10:30am-12pm
8 Hand & Foot 2pm – 4pm	9 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	10 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	11 Chess 10am Hand & foot 2pm – 4pm	12 Water aerobics 8-9am Chess 10am Trivia Quiz 0:30am W talk 10am-12pm Arts & Crafts 1:30-4pm	13 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	14 Men & Women's talk 10:30am-12pm
15 Hand & Foot 2pm – 4pm	16 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Board Games 7-9pm	17 Water aerobics 8-9am W talk 10am-12pm Bus Trip 10am Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	18 Chess 10am Birthday Celebrations 10am Hand & foot 2pm – 4pm	19 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	20 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	21 Men & Women's talk 10:30am-12pm
22 Hand & Foot 2pm – 4pm	23 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	24 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	25 Chess 10am Hand & foot 2pm – 4pm Tech session 3pm	26 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	27 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	28 Men & Women's talk 10:30am-12pm
29 Hand & Foot 2pm – 4pm	30 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm					

DECEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	2 Chess 10am Hand & Foot 2pm – 4pm Book Club 3pm	3 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	4 Exercise Class Hand & Foot 2pm – 4pm Happy hour 4pm	5 Men & Women's talk 10:30am-12pm
6 Hand & Foot 2pm – 4pm	7 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Bingo Night 7-9pm	8 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	9 Chess 10am Hand & Foot 2pm – 4pm	10 Water aerobics 8-9am Chess 10am Trivia Quiz 9:30am W talk 10am-12pm Arts & Crafts 1:30-4pm	11 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	12 Men & Women's talk 10:30am-12pm
13 Hand & Foot 2pm – 4pm	14 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	15 Water aerobics 8-9am W talk 10am-12pm Bus Trip 10am Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	16 Chess 10am Birthday Celebrations 10am Hand & Foot 2pm – 4pm	17 Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm	18 Exercise Class 8:30-9am Hand & Foot 2pm – 4pm Happy hour 4pm	19 Men & Women's talk 10:30am-12pm
20 Hand & Foot 2pm – 4pm	21 Exercise Class 8:30-9am Arts & Crafts 1:30-4pm Board Games 7-9pm	22 Water aerobics 8-9am M talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	23 Chess 10am Hand & Foot 2pm – 4pm	24 Water aerobics 8-9am Chess 10am W talk 10am-12pm Arts & Crafts 1:30-4pm	25 Christmas Day	26 Boxing Day Men & Women's talk 10:30am-12pm
27 Hand & Foot 2pm – 4pm	28 Public Holiday Exercise Class 8:30-9am Arts & Crafts 1:30-4pm	29 Water aerobics 8-9am W talk 10am-12pm Arts & Crafts 1:30-4pm Indoor bowls 2pm 500 Cards 7-9pm	30 Chess 10am Hand & Foot 2pm – 4pm Tech session 3pm	31 New Year's Eve Water aerobics 8-9am Chess 10am M talk 10am-12pm Arts & Crafts 1:30-4pm		