

Approval Required: On-Referrals for Restricted Services FAQs IVF



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Scenario 1 - Urology

An IVF doctor evaluates a Defence member couple who have been struggling with male factor infertility. After conducting necessary tests and assessments, the doctor determines that the male partner would benefit from specialised urological evaluation and treatment. The doctor makes an on-referral to a urologist with expertise in male infertility. By referring the Defence member to a urologist specialising in male infertility, the IVF doctor ensures access to targeted care to address the specific underlying causes of infertility.

In this scenario, Defence approval is required because Urology is considered a Restricted Service.



Scenario 2 – Psychology & Counselling

An IVF doctor evaluates a Defence member couple who have been struggling with unexplained infertility. After comprehensive assessments, the doctor determines that the couple would benefit from psychological support and counselling to navigate the emotional challenges of infertility. The doctor makes an on-referral to a fertility counsellor or psychologist experienced in working with individuals and couples undergoing assisted reproductive treatments. By on-referring the couple to a fertility counsellor or psychologist, the IVF doctor ensures access to specialised emotional support to cope with the psychological impact of infertility and enhance overall wellbeing throughout the treatment journey.

In this scenario, Defence approval is required because Psychology & Counselling is considered a Restricted Service.



Scenario 3 - Pathology

An IVF doctor on-refers a Defence member patient and their partner to a specialised pathologist experienced in genetic testing. The doctor suspects a genetic component contributing to their infertility and wants to ensure a comprehensive evaluation. The on-referral includes detailed medical histories, genetic family history, and the couple's military service information. The pathologist will conduct genetic tests, analyse the results, and provide insights into potential genetic factors impacting fertility. This referral aims to guide personalised care for the couple, optimising their chances of successful fertility treatment.

In this scenario, Defence approval is not required because Pathology is considered a Non-Restricted Service.

If you have any feedback on this document, please contact the Bupa ADF Health Services team:
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