

Relieving suffering... Restoring dignity

PALLIATIVE CARE SERVICE



**ST VINCENT'S
PRIVATE HOSPITAL**
BRISBANE

A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA

Our journey so far

Since 1957, St Vincent's Private Hospital Brisbane has been caring for people with advanced progressive illness, enabling hope for those we serve.

Today we have one of the largest and most highly-regarded palliative care services in Queensland. We focus on optimising quality of life for people with life-limiting illness, with compassion, integrity and dignity.

The Kangaroo Point campus on which our Hospital stands, was given to the Sisters of Charity by Miss Mary Bedford in honour of her good friend Dr Lilian Cooper, the first female doctor registered in Queensland. Miss Bedford's wish was for the Sisters to establish a hospital for the sick and dying.

At the time the community was keen to establish the first modern hospice in Queensland where the sick and dying could receive compassionate care, especially those who were poor and vulnerable. The Hospital opened its door to the community, then as Mount Olivet Hospital.

We continue today, offering highly specialised end-of-life care and support. We now offer a community specialist consultation service for people who want the comfort of familiar surroundings and highly specialised palliative care for people from 14 years of age. We have also recently refurbished and expanded our inpatient specialist unit.

Our specialists are experts in their fields and offer compassionate care in the Spirit of our founders, the Sisters of Charity.

At St Vincent's Private Hospital Brisbane, we can offer support at a time when you may need it most. If this is a journey you are on, or about to embark on, I encourage you to learn more about how we can help.

Cheryle A Royle

General Manager

St Vincent's Private Hospital Brisbane

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We'll provide comfort, support and acceptance
to you, and those closest to you,
throughout your journey.



What we do

At St Vincent's Private Hospital Brisbane, we focus on optimising quality of life for people with life-limiting illness – with **compassion, integrity** and **dignity**.

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Palliative care is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual.

World Health Organization

Care with compassion

Specialist consultation

Your initial consultation may take place at our Hospital or in the comfort of your home. Your palliative medicine physician and/or community specialist team member will make an assessment and recommend a care plan. They will support your ongoing care, together with other health professionals or community services.

Specialist care at home

We aim to help you live at home as actively as possible, for as long as possible. We offer 24 hour, seven day consultancy support and advice. After initial assessment and development of your care plan, follow-up consultations will monitor your progress and help you remain well at home. If there is a change in your condition, your care plan will be modified to meet your needs.

Early intervention

We offer palliative care in the early stages of your journey so you can receive our highly-specialised emotional, spiritual and physical support. Support from our specialist team as soon as possible after diagnosis can help you, and other health professionals involved in your care, receive our services and advice for as long as possible. We can help to better manage your symptoms in conjunction with other medical treatments that may be part of your ongoing care.

Inpatient unit

Our specialised inpatient unit is available if you require hospital care or help to manage pain or other distressing symptoms. Rooms are modern, spacious and comfortable, each with an adjoining ensuite.

Modern treatments

We offer conventional pain relief methods and safe and effective interventional treatments that can help minimise drowsiness, sedation and fatigue. Your palliative medicine physician can discuss the most suitable options with you.

Telehealth

If you live in a regional area our telehealth services may be available to you. We use video conferencing technologies to connect with you and your general practitioner to conduct assessments, reviews and arrange admission if needed.



Support with dignity

Patient and family support

Our experienced social workers and counsellors are available to help you and those closest to you. We offer individual counselling, family and child counselling, bereavement support, carer support and remembrance services.

Pastoral care

Pastoral care, or spiritual care, provides a healing and supportive presence for you and those closest to you. No matter what your belief or religious persuasion, our pastoral carers offer a listening ear, without judgment, along the journey and in bereavement. If you wish, Mass takes place daily in our Chapel and our Hospital Chaplain is available.

Expertise with integrity

Our specialists

We have an experienced and highly qualified team of palliative medicine physicians, clinical nurse consultants, specialist nurses, allied health professionals, counsellors and pastoral carers. They are leaders in their fields who will support you and those closest to you. They will work together with other specialists, your general practitioner and existing community services to manage your care.

Educating future palliative care specialists

Our palliative medicine physicians educate and mentor other professionals and general practitioner specialists across Queensland. They teach qualified doctors and consultants to become palliative medicine specialists, making an impact on delivery of care in the future.

Best practice

Our specialists participate in internationally recognised reviews in evidence-based care and influence the development of standards and principles that shape the delivery of safe and high quality end-of-life care in Australian hospitals.

Our specialists partner with universities and other health service providers to undertake research studies exploring a broad range of areas and setting the standards for best practice in palliative care.

For information about our research activities visit www.svphb.org.au or contact our research co-ordinator.



Do you need support?

Often people need time and help to reflect on the meaning of having a serious, prolonged or life-limiting illness. When you are ready, you can make an appointment for a private consultation with one of our palliative medicine physicians or member of the community specialist team.

Hospital information

Phone: 07 3240 1111 (*main hospital reception*)

Email: info@svphb.org.au

www.svphb.org.au

411 Main Street, Kangaroo Point Qld 4169



Convenient parking is available onsite (*minimal parking fees apply*) and if needed there are several hotel accommodation options a short distance away.



**ST VINCENT'S
HEALTH AUSTRALIA**

UNDER THE STEWARDSHIP OF MARY AIKENHEAD MINISTRIES