



Retirement
Villages

The Healthier, Happier Times.

WELCOME TO OUR FIRST NEWSLETTER FOR 2020!

MAY 2020 : ISSUE 1



From left: Heather Masterman, Velvet Deligiannis, David Lo Russo, James Heeks, Kristie Batch, Maggie Owens

Welcome to our first newsletter for 2020! In the current environment it's important to share positive stories and news and so we're excited to share our latest news and updates about Bupa Sutherland Retirement Village with you.

Welcoming our future residents to the Bupa Sutherland family

Since we launched last year we have had many customers attend our events and we have had the pleasure of meeting many of you. I would like to thank everyone who has attended and shared their thoughts with us.

I would also like to welcome all of those who have decided to make Bupa Sutherland Retirement Village their new home and we are thrilled to have you join the family.

Sales Suite Relocating

This month we will be in the process of relocating into our brand new sales suite onsite at Bupa Sutherland Retirement Village, which will be available for you to visit in the future. We decided to close our Sales Suite on Eton Street, Sutherland whilst we prepare for the move. Velvet & Kristie will be working remotely and will continue to keep you updated with information and on the progress of construction and future events, as well as answer any questions you may have.

Display apartment coming soon

On page 4 of this newsletter, you'll find an update on our beautiful new display apartment which is nearing completion.

Construction Update

Construction has been progressing very well and we share the latest update with you on page 5.

Get in touch

We will be in touch again soon to keep you updated so keep an eye out for the latest information and advice.

In the meantime, please don't be shy to reach out via phone or email.

E: villages@bupa.com.au

T: 1800 224 755

W: bupa.com.au/villages

Kind regards,

Maggie Owens

Bupa Care Villages Director ANZ

Velvet Deligiannis is our Sales Manager at Bupa Sutherland. Velvet has a genuine passion for retirement living and enjoys helping people find their new home. In her time off, Velvet enjoys gardening and spending time with her family.

We asked Velvet to share a little about herself and her role at Bupa Sutherland Retirement Village.



Spotlight: Velvet Deligiannis Sales Manager

What do you love most about working in retirement living?

The people I meet. I enjoy helping new residents through a challenging and exciting time of their lives and helping them embrace every stage of their journey.

From looking at what it means to purchase into a retirement village, to the exciting decision of choosing their new home, to downsizing their belongings and selling their house – it’s an important journey.

The most enjoyable phase of all is when our residents move into their new home and begin enjoying all the beautiful amenities. Once settled, I love hearing how happy they are with their home and their new friends.

What are some of the key benefits for residents making the move to Bupa Sutherland Retirement Village?

Bupa have put a lot of thought and care into the overall design of the village, including the support services for residents.

The apartments will not only be beautiful, they are also purpose built to keep residents living in their own home for as long as possible.

I am most excited about the staffing of the village. Village staff will be on hand seven days a week, dedicated to supporting residents and their guests, with the added peace of mind of a 24/7 emergency assistance system.

From a health perspective, why do you believe Bupa Sutherland is a good choice?

As a professional working in the retirement living industry, I believe Bupa offers excellent inhouse support and facilitates an easy transition into our Aged Care Home should our residents need it.

What’s your favourite feature of Bupa Sutherland Retirement Village?

Too many to choose from – the beautiful apartments and the view from the upper floors, the park next to the café – all of it will be lovely. I can foresee lots of activity in the communal room from arts and crafts, to aqua aerobics in the swimming pool, to having a few drinks in front of the fire place with new friends.

What’s the best piece of advice you could give someone who is considering moving into a retirement village?

Nearly everyone is apprehensive making the decision to downsize and move out of their home, but once the decision is made this is what people have said: “It feels like a big load has lifted off my shoulders”, “We should have made this decision earlier” and “We love our new home, but best of all is being part of a lovely community.” People also say “It was the best day of my life when I sold my lawnmower” and “It is so nice to not be a slave to our home.”

Future residents of Bupa Sutherland Retirement Village:

Meet Elaine & Richard.



“Bupa have always been helpful, encouraging and accessible – top marks to them!”

When Elaine and Richard Elrick started thinking about downsizing, they did a lot of research to make sure their new house could be a true home.

“We’d been looking around for four or five years!” Elaine recalled. “But the few places we’d seen didn’t quite satisfy us. Then we got the notice from Bupa that they were building near us and we thought ‘Right! Finally, this might be it!’”

After 20 years of being Bupa members, Elaine and Richard were confident in their choice. They knew Bupa Sutherland Retirement Village would not only be a quality build, but also trusted that Bupa would take care of them.

“Bupa have always been helpful, encouraging and accessible – top marks to them!” said Elaine.

Family, friends and the feeling of home

The Elricks have lived and loved the Sutherland Shire for over 60 years. Setting down their roots and raising their family in the Shire meant moving elsewhere wasn’t an option.

“We own a property down the coast, but we’d never move there – we don’t know anyone there!”

In fact, the surety of seeing family regularly – along with the promise of new friendships with neighbours – made buying a property with Bupa an easy choice for the sociable couple.

“We were visiting the site last year and met another lady having a look. We only had a brief chat, but we saw her at an open day recently and said hello. We’ve already made a friend and we haven’t even moved in yet!” Elaine laughed.

“It’s that kind of camaraderie that we’re most looking forward to.”

“Thumbs up from us! We’re excited to move in and would recommend it to anyone!”

Looking forward to a stress-free life

For some, a vibrant social life is their reason for buying, for others it’s the future convenience of the aged care home next door that appeals. For the Elricks, it was the promise of a more relaxed lifestyle. Elaine and Richard have a three-bedroom home full of memories, but its maintenance was proving too much to manage.

“We’ll miss our old house, but we won’t miss doing the gardening or all the other things that come with it!”

The Elrick’s new home has the ease of the smaller space, the convenience of underground parking and the prime position close to shops and transport. With Bupa Sutherland Retirement Village, they have everything they need to take the leap into a more relaxed life.

“We’re so excited for the change – Richard’s been taking pictures of the site as it grows. The builders are top notch - so tidy and always up for a chat! We’re impressed. It’s a great promise of things to come!”

Your future: Is retirement living right for you?



Artist's impression

With brand new, purpose-built developments like Bupa Sutherland, retirement living is now a vibrant, accessible choice for a range of people.

People from all walks of life are now choosing to take advantage of the luxury amenities and low maintenance lifestyle in retirement villages

There is no right time to move into a retirement village, but many residents agree that moving sooner means that they can enjoy all the benefits of an independent, healthy lifestyle.

Apartments are designed with adaptable living in mind, and community spaces allow plenty of opportunity to enjoy amenities like a heated pool, games room, café and gardens. Going on holiday is as easy as locking up and leaving, which many residents appreciate as part of their active lifestyle.

In fact, retirement living gives people more time to do the things they love. Meeting new friends, enjoying shared activities, eliminating home maintenance all while enjoying brand new, modern living spaces often gives residents a new lease on life.

In New South Wales, retirement living residents must be at least 55 years old with most people choosing to move into a retirement village in their 70's and 80's.

Villages must operate in accordance with the Retirement Villages Act which gives residents peace of mind knowing they are protected by legislation.

With an onsite wellbeing centre, residents also appreciate the security of knowing that retirement villages are built to support people as they age and their care needs change.

Our new display apartment is progressing nicely

We're thrilled to let you know that our display apartment is in the final stages of completion – and looking fantastic!

The living room and bedrooms are looking great. The kitchen and bathrooms are gleaming with the final touches being done now such as appliances and window furnishings being installed.

Our interior decorators are also busy working away on sourcing display furniture to create the

perfect home ready for you to view, when the time is right.

We will send customers a personal invitation to make an appointment for their first inspection just as soon as the current climate allows us to. Velvet and Kristie will continue to keep you updated with regards to progress.



Construction Update

MAY 2020

Construction has been progressing well and for those who have driven past the site, you will see how far we have come.

Our builder, Lipman, is continuing to work hard and ensuring that Bupa Sutherland Retirement Village will be delivered to a high quality.

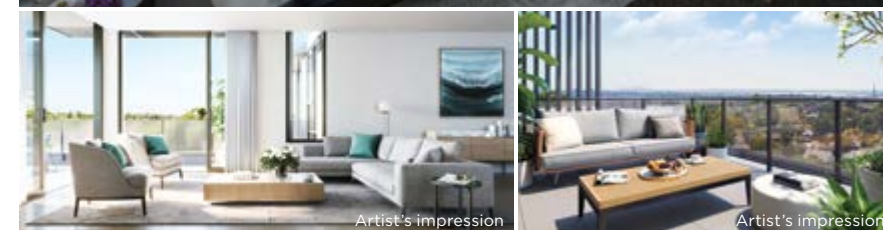
At this stage of construction we are pleased to share that the installation of flooring has begun, painting, tiling and joinery is underway across the lower levels, 2 lifts have already been installed (and the other 2 are underway) and the brick work to the façade of the building is almost complete with cleaning of the exterior brickwork commencing soon.

Next steps will be the start of the process of removing the exterior scaffolding, revealing our beautiful new apartments.

As you can see, we are still doing plenty of work and we will continue to keep you updated on the progress.



This image is an artist's impression of the apartment and not a real photo.



Artist's impression

Artist's impression

Unit 1503
\$835,000



5TH FLOOR



2 BED



2 BATH



1 CAR



96m²



VIEWS

Property spotlight:

Picture yourself at Bupa Sutherland Retirement Village

Our first round of pre-sales late last year was a huge success, with many Shire locals choosing to make Bupa Sutherland Retirement Village their new home, securing a brand-new apartment off-the-plan with as little as a \$1,000 deposit!

A room with a view

Take a ride up to the 5th floor and you'll find unit 1503 – one of our remaining two-bedroom units.

New owners of this apartment will enjoy a large master bedroom with huge ensuite and ample storage. Plus, the good-sized second bedroom offers plenty of room for sleepovers with the grandkids or visits from out-of-town guests.

The sunny north-east facing balcony flows from the open-plan living area – the perfect place to relax with the paper and a cuppa or enjoy an evening wine with friends.

With a competitive price-point of \$835,000 and careful attention to quality designer details, this place won't stay on the market for long.

Things you should know:

- a) You will have to pay a departure fee when you leave this village
- b) You may have to share any capital gains received with the operator of this village.

Frequently Asked Questions

Each month we will address some of the common questions on moving into a retirement village. For this edition we address some common questions on community and independence.

Q.
Will I lose my independence by moving into a retirement community?

A. From experience we know that moving to a retirement community can actually provide residents with more independence, assisting them to maintain a happier and healthier life and providing the peace of mind that comes from knowing that help is at hand as and when they need it.

Apartments that have been specifically designed so that residents can age in place, the support of a like-minded community, access to a range of social activities and the ability to tap into a range of health and household support services as and when their needs change – these are just some of the recognised benefits of moving to a retirement community, allowing residents to maintain and improve their independence.

Q.
Can my friends and family stay with me?

A. Absolutely, your apartment is your home, so you are welcome to invite guests to stay for up to three weeks at a time. If your guests intend on staying longer, you will be required to get consent from the Village Manager.

Q.
Am I allowed to have pets?

A. At Bupa Sutherland Retirement Village we understand that for many, pets are part of the family and so yes pets are welcome however all pets need to be approved by the Village Manager and comply with the Village Pet Policy.

Staying Connected

Keeping yourself busy and connected to family, friends and the community is something we always encourage at Bupa Sutherland Retirement Village.

Whilst it's currently slightly more challenging to remain connected face to face, there are great ways for you to stay connected with the broader community.

Earlier this month the Sydney Opera House announced a new program called 'The Show must go on' where you can view concerts, podcasts and performances directly from their website.

Visit sydneyoperahouse.com/digital for more information.



Contact us

If you have any questions please don't hesitate to contact Velvet or Kristie on the details below.

E: villages@bupa.com.au
T: 1800 224 755
W: bupa.com.au/villages



Retirement Villages